

CURRICULUM VITAE  
**Gloria M. Kardong, MD, DFAPA**

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**SPECIALTIES**

**GENERAL ADULT PSYCHIATRY**

**IMPAIRED PROFESSIONALS**

**OB-GYN/PSYCHIATRY INTERFACE**

- Pregnancy and postpartum-related psychiatric problems
- Infertility
- Gynecologic Oncology
- Menopause/hormonal issues
- PTSD/ Childhood sexual abuse/adult consequences

**EDUCATION, HONORS AND PROFESSIONAL/EDUCATIONAL ACTIVITIES**

**ADJUNCT CLINICAL ASSOCIATE PROFESSOR**, Stanford Department of Psychiatry

**DISTINGUISHED SERVICE AWARD**, 20 years and 25 years

- Adjunct Clinical Faculty, Stanford Department of Psychiatry, 2010, 2015

**HOUSESTAFF WELLBEING COMMITTEE**

- Stanford University School of Medicine, 2010 - present

**DISTINGUISHED FELLOW**, American Psychiatric Association, 2006

**FELLOW**, American Psychiatric Association, 2003

**EXPERT CONSULTANT**, Stanford University School of Law, 2009 - present

**TOP DOCTORS IN SILICON VALLEY**, San Jose Magazine, 2003 - present

**BOARD CERTIFIED**, American Board of Psychiatry and Neurology, 1993

**EMPLOYMENT**

**PRIVATE PRACTICE OF PSYCHIATRY**, 1990 - Present

**CALIFORNIA MEDICAL BOARD**

- Expert Examiner, 2010 - Present

**OAK CREEK HOSPITAL**, San Jose, California, 1991

- Clinical Director, Women's Program

**PALO ALTO VETERANS ADMINISTRATION HOSPITAL**, 1990

- Medical Director/Ward Chief, Psychiatric Intensive Care Unit

**RESIDENCY**

**STANFORD UNIVERSITY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES**, 1987 - 1990

- Chief Resident in Psychiatry, Palo Alto Veterans Administration Hospital
- Founder and Director, Infectious Disease/Psychiatry Liaison Clinic
- Resident Councilor, Northern California Psychiatric Society
- Residents' Committee, California Psychiatric Association
- Residency Education Committee
- Residency Evaluation Committee
- Curriculum Committee
- Clinical Faculty Association Council
- Faculty Policy Committee

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**INTERNSHIP**

**SAN MATEO COUNTY GENERAL HOSPITAL**, 1986 – 1987

**MEDICAL SCHOOL**

**UNIVERSITY of WASHINGTON**, 1981 - 1986

- Nominee, CIBA Outstanding Community Service Award
- National Executive Student Coordinator, American Medical Women's Association (AMWA)
- Founder, AMWA local student branch
- Founder, Peer Advisor Program
- Founder, Women Medical Students' Support Group
- Coordinator, Forum on Women Physicians

**COLLEGE**

**UNIVERSITY of WASHINGTON**, 1975-1976; 1977-1981

- B.A. with Honors in Zoology, 3-81

**STANFORD UNIVERSITY**, 1974-1975; 1976-1977

- Program in Human Biology

**MEDICAL RESEARCH**

- 85-86 Advanced Psychiatry Clerkship, Tufts University;  
- "Psychoanalysis and Women"
- 83-84 Psychiatry and Behavioral Sciences Independent Research Honors Paper:  
- "Mothers of Pre-Term and Full-Term Infants: Correlations of Maternal Characteristics With Infant Descriptors"
- 82-83 Genetics Honors Paper:  
- "The Genetics of Infertility in the Male"
- Medicine, Health and Society Honors Paper:  
- "Physician's Plan: No Psychiatric Coverage"  
(An examination of a medical society's lack of outpatient psychiatric coverage for M.D.'s)
- 81-82 Behavioral Systems II Honors Paper:  
- "Anorexia Nervosa in the Male"
- 80-81 Developmental Biology Research:  
- "The Effect of Colchicine on Hydra Regeneration"  
- "The Immunology of the Fetal-Maternal Relationship: A Review of Some of the Proposed Mechanisms That May Contribute to the Survival of the Fetus as an Allograft"
- 79-80 Physiology Research:  
- "The Effect of Body Size on Oxygen Consumption in Mus Musculus: Total Metabolism and Metabolic Rate"
- 78-79 OB-GYN Honors Research, University of Washington, Seattle, WA:  
- "The Effect of Clomid on Pregnancy Rates in Human Females"
- 76-77 Psychiatry Research, Stanford University, Stanford, CA:  
- "The Effect of Chronic Amphetamine Administration on the Social Behavior of Rhesus Macaques"

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**SPECIAL CLINICAL TRAINING/EXPERIENCE**

**INDIVIDUAL LONG-TERM THERAPY**

Stanford Outpatient Psychiatry Clinic  
Palo Alto Veterans Administration Hospital Mental Hygiene Clinic

**GROUP THERAPY**

**INPATIENT:**

Stanford University Hospital  
- Med-Psych Unit Group  
San Mateo County Hospital  
- Locked Inpatient Unit Group

**OUTPATIENT:** Supervised by Irv Yalom, MD

Palo Alto Veterans Administration Hospital  
- HIV Positive group  
Stanford University Graduate School of Business  
- Women in Business group  
YWCA, Palo Alto  
- Disabled Women's group

**EMERGENCY PSYCHIATRY/SUBSTANCE ABUSE**

Palo Alto Veterans Administration Hospital  
- Supervision of residents on call  
San Mateo County Hospital  
- Professional Assault Response Training Course  
- Psychiatric Emergency Services

**FAMILIES AND COUPLES**

Palo Alto Veterans Administration Hospital  
- Family Program  
San Jose Hospital  
- Child and Adolescent Psychiatric Inpatient Unit

**FORENSIC/ADOLESCENTS**

Stanford Law School  
- Psychiatric Consultant to Law students  
- Expert Witness  
San Mateo County General Hospital  
- Jail Unit: Psychiatric Consultant  
- Writs of habeas corpus  
San Jose Hospital  
- Child and Adolescent Psychiatric Inpatient Unit  
Santa Clara County Juvenile Detention Center  
University of Washington  
- Child Development and Mental Retardation Center  
- King County Juvenile Detention Center  
- Echo Glen Detention Center

**MED-PSYCH/CONSULTATION-LIAISON**

Palo Alto Veterans Administration Hospital  
- Founder and Director, Infectious Disease/Psychiatry Liaison Clinic  
Stanford University Hospital  
- Comprehensive Medical Treatment Unit  
San Mateo County Hospital  
- Med-Psych Unit

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**TEACHING EXPERIENCE**

- 89-Present Clinical Faculty, Stanford University Department of Psychiatry  
- Supervision of residents  
- Medical Student Support Group
- 99 Howard Hughes Foundation: Women in Medicine and Sciences  
- Presentation to Stanford Undergraduates
- 92 Dr. Dean Edell, National (ABC) Television Show  
- Sex and relationship expert panelist
- 90-91 New College of California  
- "Psychopharmacology for Non-Medical Therapists"
- 89-90 Medical Director/Ward Chief, Palo Alto VAMC  
- Teaching/supervision of residents
- Pacific Center Inservice Training  
- "Psychopharmacology for Non-Medical Therapists"
- AIDS in the 90's Conference, Palo Alto VAMC  
- Physician Panelist: "Psychosocial Aspects of HIV Infection"
- Chief Residents' Emergency Room Course
- Supervision of residents on call
- Lectures, Neurology Review Court and Palo Alto Veterans Administration  
Mental Hygiene Clinic Staff Presentation:  
- "Neuropsychiatric Aspects of HIV Infection"
- 85-86 Emergency Medicine Clerkship, Student Presentation:  
- "D-Lactic Encephalopathy Following Jejunioileostomy"
- 84-85 Pediatrics Clerkship, Student Presentation:  
- "Childhood Depression"
- Obstetrics and Gynecology Clerkship, Student Presentation:  
- "Anorexia Nervosa: A Primary Care OB-GYN Perspective"
- Psychiatry Clerkship, Student Presentation:  
- "Anorexia Nervosa: A Psychiatric Perspective"

**PROFESSIONAL SOCIETIES**

American Psychiatric Association, 1985 to present: Mentor, 2006 - present  
California Psychiatric Association, 1986 to present  
Northern California Psychiatric Society, 1987 to present: Mentor, 2010 - present  
American Medical Association, 1981 to present  
California Medical Association, 1986 to present  
Santa Clara County Medical Association, 1986 to present: Mentor, 2008 - present